

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

Although the month is short, it's filled with lots of love and sweet surprises

<div>1</div> <div>9:30 Morning Meditation</div> <div>10:45 Black History Discussion Group</div> <div>2:00 Coffee House</div> <div>Tu B'Shevat Begins</div>	<div>2</div> <div>1:1 Music Therapy</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Groundhog Races</div> <div>2:00 Music with Richard Frook</div> <div>6:30 Groundhog Day Trivia</div> <div>Groundhog Day</div>	<div>3</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Decorating for Valentines!</div> <div>2:00 BINGO!</div> <div>6:30 Manicures (A)</div>	<div>4</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Men's Group: Wood Working</div> <div>2:00 Crafters Cove: Valentine's Hearts</div> <div>6:30 Pet Visits with Maisel</div>	<div>5</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Whiteboard Games</div> <div>2:00 Movie Afternoon</div> <div>6:30 Manicures (B)</div> <div>Activity Planning Day</div>	<div>6</div> <div>Hear Canada Visit</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Pass the Heart</div> <div>2:00 Music Cafe</div> <div>Winter Olympics Begin</div> <div>Wear your Nation's Colours!</div>	<div>7</div> <div>9:30 Reading Group</div> <div>10:45 Helping Hands: Candy Grams</div> <div>2:00 BINGO!</div>
<div>8</div> <div>9:30 Morning Meditation</div> <div>10:45 Bakers Corner: Heart Brownies</div> <div>2:00 Valentine's Discussion Group: Famous Couples</div> <div>Super Bowl Sunday</div>	<div>9</div> <div>1:1 Music Therapy</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Bell Choir</div> <div>2:00 Music with Gerry Cutting</div> <div>6:30 TV BINGO</div>	<div>10</div> <div>9:30 Sit and Get Fit</div> <div>10:30 Food Committee</div> <div>2:00 BINGO!</div> <div>6:30 Tea &amp; Toast (B)</div>	<div>11</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Crafters Cove: LOVE Bird Feeder</div> <div>2:00 Music with Maggie Faye</div> <div>6:30 Jeopardy</div>	<div>12</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Sweetheart Lunch Prep</div> <div>12:00 Sweetheart Lunch</div> <div>2:00 Neighbourhood Visits</div> <div>6:30 Tea &amp; Toast (A)</div> <div>Wear Red &amp; Pink</div>	<div>13</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Painters Cove: Mardi Gras Mask Decorating</div> <div>2:00 Sing-A-Long</div>	<div>14</div> <div>9:30 Reminisce Group</div> <div>10:45 Heart and Stroke: Walk, Rock &amp; Roll</div> <div>2:00 BINGO!</div> <div>50/50 for Heart and Stroke BEGINS</div> <div>Valentine's Day</div>
<div>15</div> <div>9:30 Morning Meditation</div> <div>10:45 Baker's Corner: Mardi Gras Cookies</div> <div>1:15 Church Service w Rev. Cathy Larmond, Clinton United Church</div>	<div>16</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Olympic Opening Ceremony and Trivia</div> <div>2:00 Family Day Craft</div> <div>Happy Family Day!</div> <div>Presidents' Day (U.S.)</div>	<div>17</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Olympic Ax Throwing</div> <div>2:00 BINGO!</div> <div>Whole House Pancake Supper with Maple Syrup!</div> <div>6:30 Ice Cream Cart (B)</div> <div>Random Acts of Kindness Day</div> <div>Ramadan Begins</div> <div>Mardi Gras</div> <div>Chinese New Year (Year of the Horse)</div>	<div>18</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Olympic Noodle Hockey</div> <div>2:00 Mardi Gras Social</div> <div>6:30 Trivia</div>	<div>19</div> <div>Library Visits</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Olympic Balloon Volleyball</div> <div>2:00 Music with Jason Lamont</div> <div>6:30 Ice Cream Cart (A)</div>	<div>20</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Olympic Ring Toss</div> <div>2:00 Euchre and Games</div>	<div>21</div> <div>9:30 Reading Group</div> <div>10:45 Olympic Closing Ceremonies</div> <div>2:00 BINGO!</div>
<div>22</div> <div>9:30 Morning Meditation</div> <div>10:30 Church Service with Randy Banks</div> <div>2:00 Coffee House</div> <div>Winter Olympics End</div> <div>Wear your Nation's Colours!</div>	<div>23</div> <div>1:1 Music Therapy</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Resident's Council</div> <div>2:00 Travelogue to London England: Then vs. Now</div> <div>6:30 Sensory Cart</div> <div>Clean Out Day</div>	<div>24</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Ladies Group: Sweetheart Letters</div> <div>2:00 BINGO!</div> <div>6:30 Family Feud</div>	<div>25</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Taste Testing: All Things Sweet</div> <div>2:00 Music with Steve Cook</div> <div>6:30 Name that Tune</div> <div>Pink Shirt Day for Anti-Bullying</div>	<div>26</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Giant Scrabble</div> <div>2:00 Birthday and Welcome Social</div> <div>Whole Home Chinese New Year Dinner</div> <div>6:30 Hot Chocolate Cart</div>	<div>27</div> <div>Breakfast Club</div> <div>9:30 Sit and Get Fit</div> <div>10:45 Whiteboard Games</div> <div>2:00 Sing-A-Long</div>	<div>28</div> <div>9:30 Reminisce Group</div> <div>10:45 Calendar Distribution</div> <div>2:00 BINGO!</div> <div>50/50 Draw Date for WINNER!</div>