

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Although the month is short, it's filled with lots of love and sweet surprises

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| <p>1 9:30 Morning Meditation 10:45 Black History Discussion Group 2:00 Coffee House Tu B'Shevat Begins</p> | <p>2 9:30 Sit and Get Fit 10:45 Groundhog Races 2:00 Music with Richard Frock 6:30 Groundhog Day Trivia Groundhog Day</p> | <p>3 9:30 Sit and Get Fit 10:45 Decorating for Valentines! 2:00 BINGO! 6:30 Manicures (A)</p> | <p>4 9:30 Sit and Get Fit 10:45 Men's Group: Wood Working 2:00 Crafters Cove: Valentine's Hearts 6:30 Pet Visits with Maisel</p> | <p>5 9:30 Sit and Get Fit 10:45 Whiteboard Games 2:00 Movie Afternoon 6:30 Manicures (B) <i>Activity Planning Day</i></p> | <p>6 Hear Canada Visit 9:30 Sit and Get Fit 10:45 Pass the Heart 2:00 Music Cafe <i>Winter Olympics Begin Wear your Nation's Colours!</i></p> | <p>7 9:30 Reading Group 10:45 Helping Hands: Candy Grams 2:00 BINGO!</p> |
| <p>8 9:30 Morning Meditation 10:45 Bakers Corner: Heart Brownies 2:00 Valentine's Discussion Group: Famous Couples Super Bowl Sunday</p> | <p>9 1:1 Music Therapy 9:30 Sit and Get Fit 10:45 Bell Choir 2:00 Music with Gerry Cutting 6:30 TV BINGO</p> | <p>10 9:30 Sit and Get Fit 10:30 Food Committee 2:00 BINGO! 6:30 Tea & Toast (B)</p> | <p>11 9:30 Sit and Get Fit 10:45 Crafters Cove: LOVE Bird Feeder 2:00 Music with Maggie Faye 6:30 Jeopardy</p> | <p>12 9:30 Sit and Get Fit 10:45 Sweetheart Lunch Prep 12:00 Sweetheart Lunch 2:00 Neighbourhood Visits 6:30 Tea & Toast (A) <i>Wear Red & Pink</i></p> | <p>13 9:30 Sit and Get Fit 10:45 Painters Cove: Mardi Gras Mask Decorating 2:00 Sing-A-Long</p> | <p>14 9:30 Reminisce Group 10:45 Heart and Stroke: Walk, Rock & Roll 2:00 BINGO! 50/50 for Heart and Stroke BEGINS Valentine's Day</p> |
| <p>15 9:30 Morning Meditation 10:45 Baker's Corner: Mardi Gras Cookies 1:15 Church Service w Rev. Cathy Larmond, Clinton United Church <i>Happy Family Day!</i> Presidents' Day (U.S.)</p> | <p>16 9:30 Sit and Get Fit 10:45 Olympic Opening Ceremony and Trivia 2:00 Family Day Craft</p> | <p>17 9:30 Sit and Get Fit 10:45 Olympic Ax Throwing 2:00 BINGO! Whole House Pancake Supper with Maple Syrup! 6:30 Ice Cream Cart (B) Random Acts of Kindness Day Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p> | <p>18 9:30 Sit and Get Fit 10:45 Olympic Noodle Hockey 2:00 Mardi Gras Social 6:30 Trivia</p> | <p>19 Library Visits 9:30 Sit and Get Fit 10:45 Olympic Balloon Volleyball 2:00 Music with Jason Lamont 6:30 Ice Cream Cart (A)</p> | <p>20 9:30 Sit and Get Fit 10:45 Olympic Ring Toss 2:00 Euchre and Games</p> | <p>21 9:30 Reading Group 10:45 Olympic Closing Ceremonies 2:00 BINGO!</p> |
| <p>22 9:30 Morning Meditation 10:30 Church Service with Randy Banks 2:00 Coffee House <i>Winter Olympics End Wear your Nation's Colours!</i></p> | <p>23 1:1 Music Therapy 9:30 Sit and Get Fit 10:45 Resident's Council 2:00 Travelogue to London England: Then vs. Now 6:30 Sensory Cart Clean Out Day</p> | <p>24 9:30 Sit and Get Fit 10:45 Ladies Group: Sweetheart Letters 2:00 BINGO! 6:30 Family Feud</p> | <p>25 9:30 Sit and Get Fit 10:45 Taste Testing: All Things Sweet 2:00 Music with Steve Cook 6:30 Name that Tune Pink Shirt Day for Anti-Bullying</p> | <p>26 9:30 Sit and Get Fit 10:45 Giant Scrabble 2:00 Birthday and Welcome Social Whole Home Chinese New Year Dinner 6:30 Hot Chocolate Cart</p> | <p>27 Breakfast Club 9:30 Sit and Get Fit 10:45 Whiteboard Games 2:00 Sing-A-Long</p> | <p>28 9:30 Reminisce Group 10:45 Calendar Distribution 2:00 BINGO! 50/50 Draw Date for WINNER!</p> |