

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Keep an eye out for our candy gram fundraiser the chocolate treats make a perfect gift for the valentine in your life! Orders to be placed by Thursday February 9th all proceeds go to resident's council!</p> <p>See Activation for details!</p>		9:30 Sit & Get Fit 1 10:45 Walking Club 2:00 Canvas Painting 6:30 Apple Cider Cart	9:30 Sit & Get Fit 2 10:45 Groundhog Day Trivia 2:00 Music with Len McFarlan 6:00 Craft Night <small>Groundhog Day</small>	9:30 Sit & Get Fit 3 10:45 Name That Tune: Love Song Edition 2:00 Yum Yum Box-Snacks from all over the world	9:30 Reading Group 10:45 Euchre & Games 2:00 Bingo
5 9:30 Walking Club 10:45 Hymn Sing 2:00 Coffee House	6 9:30 Sit & Get Fit 9-12 Music Therapy with Dana 10:45 Family Feud 2:00 Scenic Drive 6:00 Pet Therapy	7 Breakfast Club 9:30 Sit & Get Fit 10:45 Giant Scrabble 2:00 Bingo 6:30 Manicures	8 9:30 Sit & Get Fit 10:45 Jeopardy 2:00 Music with Ron Allin 6:30 Lions TV Bingo	9 9:30 Sit & Get Fit 10:45 Food Committee Meeting with Beth 2:00 Movie Afternoon 6:30 Making Valentine's Gnomes Activity Planning Day	10 9:30 Sit & Get Fit 10:45 Story by Arie 2:00 February Birthday Party with Music by Gladys & Susan	11 9:30 Helping Hands 10:45 Baking Thumbprint Cookies 2:00 Bingo
12 9:30 Walking Club 10:45 Coffee House 1:15 United Church Service with Cathy Larmond	13 9:30 Sit & Get Fit 10:45 Door Decorating 2:00 Bingo 6:30 Manicures	14 9:30 Sit & Get Fit WEAR VALENTINES DAY COLOURS 10:30 RC Communion 10:45 Making No Bake Cheesecakes 2:00 Valentine's Day Social 6:30 Hot Chocolate Cart <small>Valentine's Day</small>	15 Fresh Toast 9:30 Sit & Get Fit 10:45 Whiteboard Games 2:00 Music with the Irish Cowboys 6:30 Games Night	16 9:30 Sit & Get Fit 10:45 Music with Steve Cook 1:30 Men's Group w Steve 2:00 Family Craft! 6:30 Kindness Activity	17 Random Acts of Kindness Day 9:30 Sit & Get Fit 10:30 Helping Hands 2:00 Scenic Drive & Neighborhood Visits	18 9:30 Helping Hands 10:45 Baking 2:00 Bingo
19 9:30 Walking Club 10:45 Hymn Sing 2:00 Coffee House	20 10:45 Sing-A-Long 2:00 Tim Hortons Doughnut Social HAPPY FAMILY DAY <small>Presidents' Day (US)</small>	21 9:30 Sit & Get Fit 10:45 Presbyterian Communion- Rev Peggy Kinsman 2:00 Bingo <i>5:00 Pancake Supper with Maple Syrup</i> 6:30 Manicures <small>Mardi Gras</small>	22 9:30 Sit & Get Fit 10:45 Ash Wednesday Church Service 10:45 Walking Club 2:00 Movie Afternoon 6:30 Karaoke with Shirley <small>Ash Wednesday</small>	23 9:30 Sit & Get Fit 10:45 Horse Races 2:00 The Cove Boys 5:00 Café View	24 9:30 Sit & Get Fit 10:30 Music with Mary Paige St.Onge 2:00 Happy Hour Social	25 9:30 Helping Hands 10:45 Euchre & Games 2:00 Bingo
26 9:30 Walking Club 10:45 Hymn Sing 2:00 Coffee House	27 9-12 Music Therapy with Dana 9:30 Sit & Get Fit 10:45 Residents Council 2:00 Music with Marie Flynn & Joseph 6:30 Manicures	28 9:30 Sit & Get Fit 10:45 Calendar Distribution 2:00 Bingo 6:30 Ice Cream Cart	<h1>February 2023</h1> <p>Although This Month Is Short...Let's Make It SWEET!</p>			