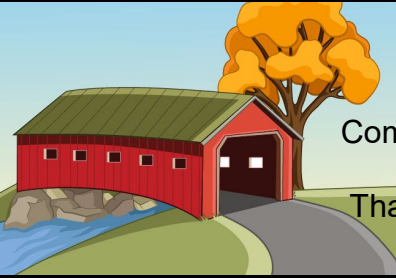



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>KINDNESS MONTH Come up with as many words as you can That rhymes with "Kind" 30?</p>	<p>9:30 Sit & Get Fit 1 10:45 November Fun Facts 2:00 Bingo 6:00 Manicures (A)</p>	<p>9:30 Sit & Get Fit 2 10:45 Scenic Drive 11:00 Walk & Talk 2:00 HC Museum Display & Visit 6:30 Karaoke & Sing along</p>	<p>9:30 Sit & Get Fit 3 10:45 Crafts - Kindness 2:00 The Cove Boys Entertain 5:00 Pizza Supper with friends</p>	<p>9:30 Sit & Get Fit 4 10:45 Abstract Painting 2:00 Happy Hour Pub World Series Jersey Day</p>	<p>10:45 Making Apple Butter 2:00 Bingo</p>	
<p>Show we're all proud to be Canadian 🇨🇦 10:45 Coffee House 2:00 Hymn Sing <small>Daylight Saving Time Ends</small></p>	<p>9:30 Sit & Get Fit 7 10:45 Canadian Stories 2:00 Music with Gladys Wartime music 6:00 Pet Therapy with Hannah & Cooper Activity Planning Day</p>	<p>9:30 Sit & Get Fit 8 10:45 Painting Signs 2:00 Bingo 6:00 Sign Cricut Craft</p>	<p>9:30 Sit & Get Fit 9 10:45 Canadian Trivia 2:00 Music by: Gerry Cutting 6:30 TV Bingo</p>	<p>9:30 Sit & Get Fit 10 10:45 RC Communion 10:45 Crafts- Sock Snowmen 2:30 Legion Visit Social 6:30 Hot Chocolate Cart</p>	<p>9:30 Sit & Get Fit?? 11 10:45 Remembrance Day Service in Clinton 2:00 November Birthday & Welcome Party <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:45 Making Nuts & Bolts 2:00 Bingo</p>
<p>10:45 Coffee House 1:15 Church Service Cathy Larmond Clinton United</p>	<p>9:30 Sit & Get Fit 14 10:45 Jeopardy 12:00 Toasted Westerns 2:00 Scenic Drive 6:00 Board Games</p>	<p>9:30 Sit & Get Fit 15 10:45 Name that Tune Twister 2:00 Bingo 6:30 Manicures (B)</p>	<p>9:30 Sit & Get Fit 16 10:45 Jeopardy - Canada 2:00 Music with Ron Allin 6:30 Neighbourhood Visits</p>	<p>9:30 Sit & Get Fit 17 10:45 Craft- Christmas Ornaments 2:00 Music with the Irish Cowboys 5:00 Café View</p>	<p>9:30 Sit & Get Fit 18 10:45 Music with Gladys & Susan on Sacs 2:00 Tim Horton Donuts Social Twin Day... Who is your Twin</p>	<p>10:45 Making Treats; Sweet & Salty Cups 2:00 Bingo</p>
<p>10:45 Coffee House 2:00 Hymn Sing</p>	<p>9:30 Sit & Get Fit 21 10:45 Resident Council 2:00 Bingo 6:30 Tea & Toast</p>	<p>9:30 Sit & Get Fit 22 10:45 Setting Up the Christmas Tree 2:00 Decorating the Tree & Hot Chocolate 6:30 Music with the Teeds</p>	<p>9:30 Sit & Get Fit 23 10:45 Helping Hands 2:00 Craft Sale Prep 6:30 Labelling Items For the Sale</p>	<p>9:30 Sit & Get Fit 24 10:45 Setting up for Sale 2:00 HV Christmas Gifts, Crafts & Bake Sale 6:30 <small>Craft Sale Clean-up Thanksgiving Day (US)</small></p>	<p>9:30 Sit & Get Fit 25 10:45 Decorating for Christmas 2:00 Wine & Cheese Social November 50/50 Draw</p>	<p>10:45 Word Games 2:00 Bingo</p>
<p>10:45 Coffee House 2:00 Church Service Joyce Lammerant</p>	<p>9:30 Sit & Get Fit 28 10:45 White board game 12:00 Grilled Cheese 2:00 Music with Marie Flynn 6:30 Manicures (B)</p>	<p>9:30 Sit & Get Fit 29 10:45 Scenic Drive 11:00 Drum Circle 2:00 Bingo 6:30 Neighbourhood Visits</p>	<p>9:30 Sit & Get Fit 30 10:45 Calendar Distribution 2:00 Brian Hymers Church Service 6:30 Karaoke</p>	 <p>November 2022</p>		

November Birthdays: Margaret S.- 07, Edna Mac- 09, Cy W- 09, Joan E- 11, Hilda A- 12, Lynn P - 13