Parent Engagement Sessions & Support Groups in Huron County Quick Reference Guide

September to December 2019

Preregistration is required for most programs–Call provider for more information–All programs are subject to change

Parent Engagement Sessions

Clinton –
Parent/Child – Mother Goose
Parent/Caregiver attends with
Baby (0-12 months)
Monday Afternoons
September 30th-November 4th
1:30-2:30 pm
Clinton EarlyON Child and Family Centre
(Clinton Public School)
Registration is required:
Call or text 519-440-1089

Exeter -
Parent/Child – Mother Goose
Parent/Caregiver attends with
Baby (0-12 months)
Tuesday Afternoons
October 1st-October 29th
1:30-2:30 pm
Exeter Library
Registration is required:
Call 519-482-8505 Ext 4205 OR Text 519-520-1005
Limited Spaces available

Goderich –
Circle of Security
Parenting Course – 8 weeks
Wednesday Mornings
September 11th-October 30th
9:30-11 a.m.
Goderich EarlyON Child & Family Centre
(Goderich Public School)
125 Blake St., Goderich
To pre-register please call: 519-524-9999
Limited childminding is available

Goderich -
Parent/Child – Mother Goose
Parent/Caregiver attends with
Baby (0-12 months)
Wednesday Mornings
November 20th-December 16th
9:30-10:30 am
To register please call 519-524-9999

Wingham –
Wingham – Toilet Readiness
For parents/caregivers only
In November
Location, Date and Time:
To be determined
To register please call: 519-357-1777

HURON COUNTY | Huron County Health Unit

EarlyON Child and Family Centre

RURAL RESPONSE FOR HEALTHY CHILDREN.

Parent Engagement Sessions-continued

Wingham –
Parent/Child – Mother Goose
Parent/Caregiver attends with
Baby (0-12 months)
In November
Location, Dates and Time:
To be determined
To register please call: 519-357-1777

Community Support Groups

Clinton – Sibling Club (Sibz Club) Group
(For siblings of a child with disabilities, autism or mental health concerns)
15 Rattenbury Street East, Clinton
Contact information: Huron Respite Network: 519-482-3115

Clinton - Caregiver Circle Support Group
(For parents/caregivers caring for a child with disabilities, autism or mental health concerns)
September 18th & November 20th- 10:00-Noon and October 16th - 7:00-9:00 pm
Location: Knox Presbyterian Church
9 Victoria Street North, Goderich
Contact information: Huron Respite Network
Call or text Natalie at 519-482-3115 or email: respite@clch.ca
(this a collaborated program between Huron Respite Network and Rural Response for Healthy Children)

Mothers Initiating Lactation Knowledge and Support (MILKS)
Various locations throughout the county

76 King Street, Hensall
Last Tuesday Morning of every month
10:00-11:30 am

Goderich EarlyON Child and Family Centre
125 Blake Street, Goderich
Last Wednesday of every month
1:30-3:00 pm

Bayfield Library – Conference Room
18 Main Street South, Bayfield
First Monday of every month
10:00-11:30 am

Clinton Child and Family Centre
27 Percival Street
Third Monday of every month
1:30-3:00 pm
Contact information:
huronmilks@gmail.com

Infant Feeding Clinics
Various locations within the county to meet with a lactation consultant and talk about infant feeding

Wingham Health Unit Office
Tuesday Mornings – 9:00-12:00 pm

Goderich – Maitland Valley Medical Centre
Friday Mornings – 9:00-12:00 pm

Exeter – South Huron Medical Centre
Friday Mornings - 9:00-12:00 pm

Contact information: Huron County Health Unit- 519-482-3416 or 1-877-837-6143

Parent Engagement Sessions & Support Groups in Huron County Quick Reference Guide

September to December 2019

Preregistration is required for most programs–Call provider for more information–All programs are subject to change

Parent Engagement Sessions

Additional Community Support programs

Rural Response for Healthy Children
delivers programs that support, strengthen and nurture Huron County families.
To learn more or discover program/support groups near you, please visit:
rrhc.on.ca or call 1-800-479-0716

Thames Valley Children's Centre
delivers various programs for area Children and Families - For more information visit:
tvcc.on.ca

FACEBOOK Q & A

Various topics on parenting and child development are now live on Facebook. Follow Parenting in Huron for upcoming conversations.
facebook.com/parentinginhuron
Watch Facebook for further details

HURON COUNTY | Huron County Health Unit

EarlyON Child and Family Centre

RURAL RESPONSE FOR HEALTHY CHILDREN.