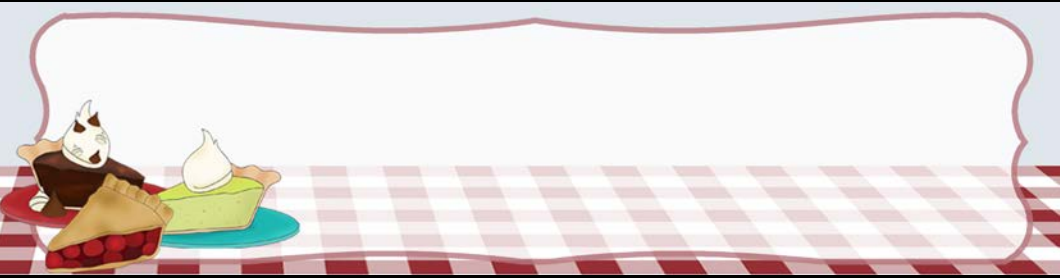



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Sit and Get Fit <b>1</b> 10:00 Men's Group 10:30 Reading Group 1:30 Horse Races 4:00 Name Ten (B) <b>6:30 Tuck Shop Social Hour</b>	9:30 Sit and Get Fit <b>2</b> 10:30 Helping Hands 1:30 Bakers Corner: Cherry Jam Heart Pie Pops 3:15 Seated Yoga 4:00 Memory Bingo (B) 6:30 Jeopardy (B)	<b>3</b> <b>8:00 Breakfast Club (A)</b> 9:30 Sit and Get Fit (A) 10:30 Memory Bingo 1:30 Sit and Get Fit (B) <b>1:30 Music with Jim and Elaine Scott</b>	<i>National Soup Day!</i> <b>4</b> 10:00 Soups ON! <i>Vegetable Soup</i> 2:00 Bingo
10:45 Coffee House <b>5</b> 2:00 Church Service	9:30 Sit and Get Fit <b>6</b> 9:30 Music Therapy 10:30 Happy Hookers 10:30 It's a Guy Thing <b>2:00 Brushstrokes In Motion</b> 3:15 Seated Yoga 4:00 Reading Group (B) 6:30 Hot Chocolate Cart	9:30 Sit and Get Fit <b>7</b> 10:30 Crafters Cove 10:45 RC Communion 1:30 Bingo 4:00 Funny Videos (B) 6:30 Manicures (B)	9:30 Sit and Get Fit <b>8</b> 10:00 Ladies Group 10:30 Reading Group <b>1:30 Barn Dance Music by Lee Grant</b> 5:00 Café View	9:30 Sit and Get Fit <b>9</b> 10:30 Helping Hands 1:30 Bakers Corner Pie from Scratch! 3:15 Seated Yoga 4:00 Memory Bingo (B) 6:30 Whiteboard Games	9:30 Sit and Get Fit (A) <b>10</b> 10:30 Whiteboard Games 1:30 Sit and Get Fit (B) <b>1:30 Cutie Pie Social Music by Gladys Van Egmond</b>	10:30 Bingo <b>11</b> <b>2:00 Sharon Johnston &amp; the Harps!</b>
10:45 Coffee House <b>12</b> 2:00 Church Service	9:30 Sit and Get Fit <b>13</b> 10:30 Happy Hookers 10:30 It's a Guy Thing <b>1:30 Resident's Council</b> 3:15 Seated Yoga 4:00 Reading Group (B) 7:00 TV Bingo!	9:30 Sit and Get Fit <b>14</b> 10:30 Crafters Cove: 10:45 RC Communion <b>12:00 Sweetheart Luncheon</b> 2:00 Bingo 4:00 Sing-a-long with Georgia Rae!(B) <b>6:30 Tuck Shop Social Hour</b>	9:30 Sit and Get Fit <b>15</b> 10:00 Men's Group 10:30 Reading Group 1:30 Giant Scrabble <b>1:30 Scenic Drive</b> <b>3:30 Sing-a-long with Wally De Wolfe</b> <b>6:30 Pub Night</b>	9:30 Sit and Get Fit <b>16</b> 10:30 Helping Hands 1:30 Bakers Corner: Yogurt Covered Strawberries 3:15 Seated Yoga 4:00 Memory Bingo (A) 6:30 Name that Tune (A)	<b>17</b> <b>8:00 Breakfast Club (B)</b> 9:30 Sit and Get Fit (A) 9:30 Music Therapy 10:30 Memory Bingo 1:30 Sit and Get Fit (B) 1:00 Manicures 1:30 Euchre Club	10:30 Bingo <b>18</b> <b>2:00 Sing- a -long with Shirley</b>
10:45 Coffee House <b>19</b> 2:00 Church Service	<b>20</b> 10:30 Trivia 1:30 Horse Races  <b>Family Day!</b>	9:30 Sit and Get Fit <b>21</b> 10:30 Brush to Canvas 10:45 RC Mass 1:30 Bingo 4:00 Funny Videos (A) <b>6:30 Music with Darlene and Deb</b>	9:30 Sit and Get Fit <b>22</b> 10:00 Ladies Group 10:30 Reading Group <b>1:30 Spirited Spelling Bee</b> 4:00 Name Ten (A) 6:30 Manicures A	9:30 Sit and Get Fit <b>23</b> 10:30 Helping Hands 1:30 Bakers Corner: Banana Bread 3:15 Seated Yoga 4:00 Memory Bingo (A) 6:30 Whiteboard Games (A)	<b>24</b> 9:30 Sit and Get Fit (A) 10:30 Whiteboard Games 1:30 Sit and Get Fit (B) <b>1:30 Wine and Cheese</b>	10:30 Bingo <b>25</b> <b>2:00 Music with Marie Flynn &amp; Huron Strings</b>
10:45 Coffee House <b>26</b> 2:00 Church Service	9:30 Sit and Get Fit <b>27</b> 10:30 Happy Hookers 10:30 It's a Guy Thing <b>1:30 Mardi Gras Social</b> 3:15 Seated Yoga 4:00 Reading Group (A) 6:30 TV Bingo!	9:30 Sit and Get Fit <b>28</b> 10:30 Crafters Cove 10:45 RC Communion 1:30 Bingo 4:00 Sing-a-long with Georgia Rae!(A) <b>7:00 Music with the Hillier Family</b>				

*February* 2017

Is as Easy as Pie!