

# Healthy Active and Liveable Communities

**Goal:** Huron County residents live active, healthy lifestyles with access to wellness services for mind and body. Communities will be compact, pedestrian, and bicycle friendly, and provide a range of services and facilities.

**Strategy:** Strongly support active transportation in our communities as part of a multi-modal transportation network (HAC3 and LC4)

## **PRIORITY PROJECT: Enhance opportunities for active transportation in Huron County.**

*"Think of your city, town or village as an exercise machine." – Dr. Avi. Friedman*

### **Description**

Promote and support active transportation in Huron. Results from this action will support strategies in the following theme areas:

- Transportation (Community and Social Well Being Pillar)
- Community Needs (Community and Social Well Being Pillar)
- Liveable Communities (Environmental Integrity Pillar)

### **Activities will include**

- Organize a core team from Transportation Task Force to oversee the objectives of this initiative.
- Bring trail groups together to share best practices, successes, and encourage trail development, enhancement and maintenance.
- Determine viability of a community fund that encourages and supports trail development work (e.g. that is a % of highway budgets that can be allocated to trail development for enhancement, upkeep and signage).
- Inventory and promote bike facilities at municipal and institutional destinations. Ensure that bike rack installation is a consideration in all new commercial development and report findings.
- Consider solutions for active transportation in rural areas and communities.

### Lead

- Transportation Task Force

### Resources

- Huron County Health Unit

### Collaborators

- Huron County Planning and Development Department
- Municipalities
- Trail Groups
- Schools and Universities
- Service Clubs
- Businesses
- Canada Walks/WalkON
- Conservation Authorities
- Ontario Trails Association
- Local media
- Gateway Rural Health Institute

### Measures of Success

- Completion of walkability plans
- Municipal bike rack inventory completion
- Number of bike racks
- Collection of active transportation stories
- Kilometres of trails in Huron County determined

### Timeline

This action will be completed by 2013.

